August 12, 2015

Dave Heagerty

Office of Regulatory Affairs

3624 Market St., Suite 301 S

Philadelphia, PA 19104-60006

Principal Investigator: Angela Duckworth

Title: Grit and Self-control

Protocol#: N/A (new protocol)

Dear Mr. Heagerty:

Enclosed please find the initial submission of our protocol titled “Grit and Self-control.” Due to the low-risk nature of our study and due to the fact that we ask no questions about substance use, sexual activity, suicide, etc. we believe that this protocol qualifies for exemption.

This IRB protocol mirrors our recently submitted IRB protocol #822708, titled “Enjoyment versus Importance.” The target participants and data collection methods are very similar. However, the focus of the previous IRB was Facebook, and in the current IRB we are honing in on character strengths like grit and self-control. “Enjoyment versus Importance” was resubmitted for review on June 2nd, 2015.

I can be reached via email at [duckworth@psych.upenn.edu](mailto:duckwort@psych.upenn.edu) and by phone at (215) 898-1339. Please do not hesitate to contact me with questions or concerns. Thank you in advance for your time and consideration.

Sincerely,



Angela Duckworth

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